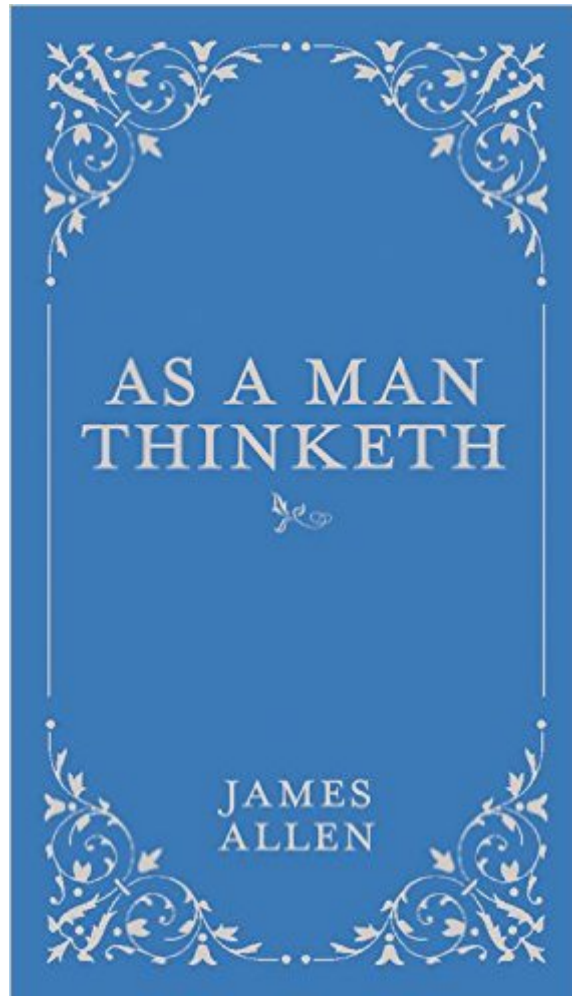


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# As A Man Thinketh



## Synopsis

As a Man Thinketh is James Allen's third book, first published in 1903. In it, he details how man is the creator and shaper of his destiny by the thoughts which he thinks. He rises and falls in exact accordance with the character of the thoughts which he entertains. His environment is the result of what he has thought and done in the past, and his circumstances in the future are being shaped and built by his present desires, aspirations, thoughts and actions. He therefore who chooses and pursues a particular line of thought, consciously builds his own destiny. Part of the New Thought Movement, Allen reveals the secrets to having the most fulfilling existence possible, and it's easier than any of us could have imagined. The title for the essay comes from the Bible: "As a man thinketh in his heart, so is he," Proverbs, chapter 23, verse 7. In more than a century, As A Man Thinketh has become an inspirational classic, selling millions of copies worldwide and bringing faith, inspiration, and self healing to all who have encountered it. In this new edition of As A Man Thinketh, readers will be enthralled by James Allen's thoughts and direction to take charge of their own destiny, as it has for over 100 years.

## Book Information

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## Customer Reviews

This excellent compilation of essays by James Allen truly holds the key to success, amongst other things! I feel so inspired after reading this book, so ready to put into practice what this powerful, little book is teaching. This "classic" has been around since the turn of the century and it seems to be even more relevant in today's stressful and competitive society. I underlined so many wonderful and inspiring passages that I intend to refer to on a daily basis. As Allen states, "a man is literally what

he thinks", or as the saying goes, garbage in, garbage out! Or put another way, "All that a man achieves and all that he fails to achieve is the direct result of his own thoughts." I have learned that I cannot blame others for my life, or my state of affairs - they are my creation, the end product of my thoughts and actions. Allen states that man makes or unmakes himself by the thoughts he keeps and cultivates. Man is truly his own worst enemy! I really resonated to his quote on fear, "Thoughts of doubt and fear never accomplish anything, and never can. They always lead to failure. Purpose, energy, power to do, and all strong thoughts cease when doubt and fear creep in." How profound and how true. How we let fear run our lives - again proving how powerful our thoughts can be. Allen further expounds by saying, "He who has conquered doubt and fear has conquered failure." The garden of our mind is only cultivated by us. What kind of crop we want to consistently yield is solely determined on our positive, enriching, and encouraging thoughts or on our doubting, destructive and negative ones. We alone hold the key to our future, and our success, and our attainments in life. We can either have a feast or a famine - it is only up to us.

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